

NOW IS THE TIME TO JOIN THE NASHVILLE STRIDERS

BE A MEMBER OF THE LARGEST RUNNING CLUB IN MIDDLE TENNESSEE

Member Benefits include:

- Membership Card and Nashville Striders Window/Car Decal
- Monthly issues of *Funrunner* Newsletter
- Annual 12 Months event calendar
- Organized Group Runs, including the popular Spring and Fall Marathon Training Series
- Social Events – including Annual Holiday Party and Picnic Grand Prix Series
- Discounts at specified Specialty Running Stores
- Discounts for pre-registration at specific Striders Races
- Receive email reminders of Striders happenings
- Earn **free race entries** and **free Striders apparel** by volunteering at Striders events through our **Volunteer Incentive Program** [“VIP”]



Check out our website at www.nashvillestriders.com, for additional membership and club information.

Take advantage of many of the benefits and your membership can actually be priceless!

Purchase minimum of two pair running shoes at 10% discount: for \$80 shoes = \$16.00

Pre-register at four designated Striders Races at \$2.00 discount each = \$8.00

Nashville Striders Membership Application

Name _____ Age _____ Birth Date ____/____/____ Sex _____

Address _____ New: 1 yr 2 yr 3yr

City _____ State _____ Zip _____ Renewal: 1 yr 2 yr 3 yr

Email _____

Home phone _____ Work phone _____

I am interested in: serving on Board serving on committee

helping at races walking program

Couple 2nd
 Person _____ Age _____
 Birth Date ____/____/____ Sex _____
 Email Address _____
 Phone number _____

Family Membership Additional Family Members:

_____ Age _____

_____ Age _____

_____ Age _____

Dues structure:

Individual: \$20.00 / 1 year; \$38.00 / 2 years; \$54.00 / 3 years

Couples: \$30 / 1 year; \$55 / 2 years; \$80 / 3 years

Family: \$35 / 1 year; \$65 / 2 years; \$95 / 3 years

Dues payable to: Nashville Striders, Inc.,

P.O. Box 917, Madison, TN, 37116

Additional information at: www.nashvillestriders.com, or (615) 870-3330.

Recommended by: _____

I know running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club events unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I for myself and anyone entitled to act on my behalf, waive and release the Road Runners Clubs of America, the Nashville Striders, Inc., and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club events even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ date ____/____/____

(Parent's signature if under 18 years of age)

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